

TUFFTM

SPORT SUPPLEMENTS

Supps



WHEY PROTEIN ISOLATE

PREMIUM INGREDIENTS FOR PREMIUM TASTE AND NUTRITION

Tuff Supps brings you Native Whey - **100% Australian sourced and made Whey Protein Isolate**. Sourced from the milk of pasture-raised, grass-fed cows Native Whey delivers cold-pressed whey protein isolate that is 99% sugar and fat-free. No added sugars, **no bloating**, low in lactose and naturally rich in branch chain amino acids (BCAAs) making Tuff Supps Native Whey a superior great tasting protein boost to **support performance, aid recovery** and **optimise health**.

100% AUSTRALIAN NATIVE WHEY PROTEIN ISOLATE

FEATURES AND BENEFITS

- 90 % nWPI purity
- Native (non-denatured) proteins
- Passed through an innovative, serial filtration process
- Gently spray-dried at low temperatures to retain the native structure and functional properties
- Non-GMO
- Clean premium taste profile
- Proudly Australian made using pure Australian cow's milk
- 90% WPI purity
- High Leucine levels (a key amino acid in muscle protein recovery)
- Rich in Branched Chain Amino Acids
- Excellent Essential Amino Acid profile
- Rapidly digested and absorbed whey proteins
- Rich in various high biological value whey proteins (e.g. α -lactalbumin, Osteopontin, β -lactalbumin & Immunoglobulins – providing immune support)

NO FILLERS OR ARTIFICIAL INGREDIENTS JUST AUSTRALIAN WHEY PROTEIN AND NATURAL FLAVOURS

ALL NATURAL INGREDIENTS

Containing only **essential ingredients** with certified organic stevia, natural flavours and no artificial additives or fillers. Tuff Supps Native Whey Protein is an ideal base for smoothies and shakes to aid **performance** and **recovery** or as part of your everyday healthy diet and active lifestyle.

ALL NATURAL CLEAN PROTEIN

NATIVE WHEY PROTEIN ISOLATE

Traditionally whey protein has been made as a byproduct of cheese manufacturing. A new technology for making whey protein isolate allows gentler extraction of delicate whey proteins directly from milk, which provides lower denaturation for better preserved protein structures as well as improved purity (ultra pure) and superior amino acid profile rich in branch chain amino acids **essential for muscle repair, maintenance and growth**. Native whey is an excellent source of functional whey proteins such as α -lactalbumin, β -lactalbumin and Immunoglobulins (immune system support). This high functional protein has exceptional biological value demonstrated by its **high protein, low carbohydrates and low fat profile** (<1% sugar and fat content) and is rapidly digested and absorbed.

NUTRITIONAL INFORMATION		
	PER 33g SERVE	PER 100g
ENERGY	524 kj (125 cal)	1588 kj (379 cal)
PROTEIN	28.0g	84.9g
TOTAL FAT	0.63g	1.9g
- SATURATED FAT	0.3g	0.9g
CARBOHYDRATES	0.8g	2.3g
- SUGARS	0.53g	1.6g
SODIUM	43mg	103mg

COOKIES & CREAM

VANILLA

DUTCH CHOCOLATE

NATURAL (UNFLAVORED)